



**TAYLOR**  
PHYSICAL THERAPY

## 4-6 Month Milestones Checklist

Yes

No

### Motor

Reaches for toys while on tummy

While lying on back, transfers toy from one hand to the other

While lying on back, reaches both hands to play with feet

Uses hands to support self while sitting

Rolls from back to tummy and tummy to back

While standing with support, accepts weight with legs

### Sensory

Uses both hands to explore toys

Generally happy when not hungry or tired

Brings hands and objects to mouth

Able to calm with rocking, touching or gentle sounds

Is not upset by everyday sounds

Enjoys a variety of movements

### Communication

Begins to use consonant sounds in babbling, eg. "da, da, da"

Makes different kinds of sounds to express feelings

Uses babbling to get attention

Listens and responds when spoken to

Reacts to sudden noises or sounds

Notices toys that make sounds

### Feeding

Shows interest in foods

Moves pureed food from front of mouth to back

Mouths and gums solid foods

Opens mouth when a spoon is presented